

BBC Radio Shropshire Factsheet

Holidays for People with Disabilities

Choosing a holiday is always a bit of a lottery. You're spending your hard earned cash on an idea, a promise... and sometimes it doesn't turn out quite the way you want it.

This week our Mid Morning programme dealt with holidays for people with disabilities and this fact sheet might help you find exactly what you're looking for.

One way to look for holidays is over the Internet, so we have included the addresses for a few useful websites. Of course, you may not have a computer, so wherever they are available, we have given you postal addresses and telephone numbers.

Don't forget, if you don't have a computer at home you can use facilities at the local library – free. There are people there who are happy to help and show you how to do it. You might even consider a course at a local college or learning centre in the future.

Disabled Holiday Directory

An extensive searchable directory of disabled properties across the United Kingdom, Europe, Africa and America.

www.disabledholidaydirectory.co.uk

The BBC is not responsible for the content of external websites.

Disability Now

This is a magazine for people with disabilities. You can get a free introductory copy by calling 0845 120 7001. It also carries reviews about holidays written by people with disabilities.

0207 619 7323

www.disabilitynow.org.uk

The BBC is not responsible for the content of external websites.

Disabled Holiday Information

www.disabledholidayinfo.org.uk

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Holiday information for the disabled tourist about wheelchair accessible visitor attractions and accommodation.

If you would like a copy of the book The Wheelchair Users Guide to Accessible Tourist Attractions for In Shropshire, they are available from the county's Visitor Information Centres or please send an S.A.E. A5 envelope (2 x 1st class stamps) to:-

Disabled Holiday Information
PO Box 186
Oswestry
SY10 1AF.

All Go Here

An Internet only service. This is a directory of UK hotels and other hospitality-related services which are disability-friendly and can be used by disabled or able bodied people. Also featuring the world's only airline accessibility guide.

www.allgohere.com

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Access Able Travel Source is an American website, but of course, their information on world destinations is equally valid for disabled travellers from the UK.

www.access-able.com

The BBC is not responsible for the content of external websites.

SATH is another organisation based in the USA. The Society for Accessible Travel & Hospitality (SATH), founded in 1976, is an educational non-profit membership organisation whose mission is to raise awareness of the needs of all travellers with disabilities. Again, much of the information contained in their website is relevant.

www.sath.org

The BBC is not responsible for the content of external websites.

In the programme we featured the **Lyneal Trust** who offer canal boat holidays to people with disabilities.

You can write to:
The Lyneal Trust,
Shirehall
Shrewsbury
01743 252728

www.lyneal-trust.org.uk

The BBC is not responsible for the content of external websites.

More useful contacts:

Mencap

You can contact the Learning Disability Helpline 24 hours a day. If an adviser isn't there to take your call, you can leave a message and they'll get back to you. All enquiries are handled in strict confidence.

Learning Disability Helpline 0808 808 1111

www.askmencap.info

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Traveleyes

Traveleyes is a travel company with a difference. It aims to provide holidays for both visually impaired and sighted travellers, journeying together in a spirit of mutual independence.

Address:
PO Box 511
Leeds
LS5 3JT

Telephone: 08709 220221

www.traveleyes.co.uk

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