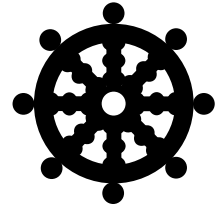


Buddhism — Buddha Day

The Story of the Buddha's Enlightenment



Copy out and complete this passage

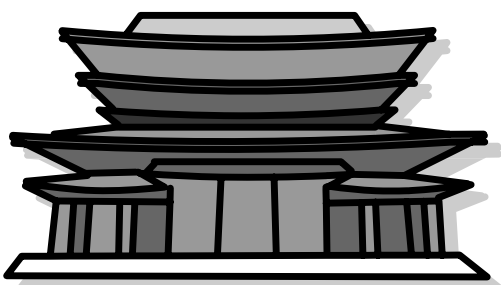
The name 'Buddha' means 'the _____ one'. Buddhists follow the teachings of the Buddha, but do not believe him to be a god.

The Buddha was born _____ Gotama in around 580BC in the village of Lumbini in _____. He was a prince born into a rich family. When he was young he had an _____ life as he was protected from the harsh _____ of sickness, suffering and death.

The years passed. Siddhattha married and had a child, but found he was worried by many issues. He went outside the royal enclosure where he lived and went to _____ areas. For the first time he saw _____, sickness and _____. He also saw a holy man. He made the decision to leave his wife, his baby son and his privileged life and began to search the world to find a higher truth or _____.

Siddhattha searched for a truth which would release him from the cycle of dying and _____ after death. He studied with wise teachers, practised _____ and lived a life of extreme self-denial and discipline, but still he did not find the answers he needed. The search took him six years, but Siddhattha found enlightenment whilst meditating under a _____ tree. Following this he became known as the Buddha and dedicated his life to spreading his message.

The Buddha came to understand that the answer lay in the '_____': living a life which is not luxurious or deprived. Buddhists believe they can escape the cycle of life and death and reach Nirvana by following the Middle Way through the _____ Noble Truths and the _____ Path.



poor easy Middle Way Nirvana
Siddhattha realities rebirth
Eightfold old age enlightened Bodhi
Four Nepal death meditation