

**KS2** CHANCE UK - BEFRIENDING AND MENTORING

*Key themes: mentoring/befriending and how this can help cope with negative emotions and behaviour*

This short film shows how a friendship with a mentor has helped a young boy address his behavioral difficulties.

**Questions related to the film**

- What is a mentor?
- How has having a mentor helped Brandon?

**Questions for deeper reflection** (PSHE/citizenship; social and emotional aspects of learning)

These questions assume that the children do not have their own personal mentor; if they do, the questions would need to be adapted accordingly.

- What difficulties do you feel a mentor or special friend could help you with?
- If you had a mentor, where would you like to go with them? What activities would you like to do with them?

Watch the film here: [bbc.co.uk/pudsey/aboutus/whoyouvehelped.shtml](http://bbc.co.uk/pudsey/aboutus/whoyouvehelped.shtml)