

Real guacamole

Ingredients

- 4 mild chillies, finely chopped
- bunch coriander, chopped
- 2 tomatoes, finely chopped
- salt, to taste
- 1 onion, finely chopped
- ½ lime, juice only
- 3 ripe avocados

Preparation method

1. In a pestle and mortar, pound the chillies, coriander, tomatoes, salt and onion to a fine paste.
2. Add a little water and lime juice to make a looser mixture. Mash in the avocados. Serve.



less than 30 mins

preparation time

**no cooking
required**

cooking time

4

**By The Hairy Bikers
From The Hairy Bikers**

Check out the easy, authentic dip that the Hairy Bikers brought back from their Mexican travels. Serve with nachos.